

#### **KIBABII UNIVERSITY COLLEGE**

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# UNIVERSITY REGULAR EXAMINATIONS 2013 /2014 ACADEMIC YEAR 3<sup>RD</sup> YEAR 2<sup>ND</sup> SEMESTER EXAMINATIONS (MAIN EXAMINATION)

## FOR THE BACHELOR DEGREE IN SOCIAL WORK AND COMMUNITY DEVELOPMENT

COURSE CODE: SSW 311

**COURSE TITLE:** ADOLESCENCE STUDIES

**DATE:** 16<sup>TH</sup> APRIL, 2014 **TIME:** 2:00P.M. – 5:00P.M.

### INSTRUCTION TO CANDIDATES

Answer ALL questions in Section A(COMPULSORY) and any other TWO in Section B

All answers should be written in the answer booklets provided.

#### **SECTION A(COMPULSORY)**

- 1. a) Discuss common social challenges that are associated with adolescence stage in the current society. (10mks)
  - b) Outline five techniques with relevant examples that can be used to help adolescents overcome the above challenges. (10mks)
- 2. Describe the physiological changes that take place during adolescence stage. (10mks)

### SECTION B (ANSWER ONLY TWO QUESTIONS)

3. a) Discuss five factors that influence sexuality among adolescents in the current society (10mks)
b) Outline best ways through which adolescents can be assisted to cope with sexual pressure. (10mks)
4. Relate how the cognitive, physical and emotional development and learning takes place among children and adolescents. (20mks)
a) As a social worker discuss various psychosocial challenges that young people face at adolescence stage. (10mks)
b) Mention various positive strategies parents and teachers should employ when guiding adolescents into adult life. (10mks)