



**KIBABII UNIVERSITY COLLEGE**

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**UNIVERSITY EXAMINATION**

**2013/2014 ACADEMIC YEAR**

**1<sup>ST</sup> YEAR 1<sup>ST</sup> SEMESTER EXAMINATION**

**SPECIAL/SUPPLEMENTARY EXAMINATION**

**FOR THE DEGREE OF BACHELOR OF PSYCHOLOGY AND COUNSELING IN  
EDUCATION (ARTS)**

**COURSE CODE: GAC 101**

**COURSE TITLE: INTRODUCTION TO GUIDANCE AND COUNSELING**

**DATE: .SEPTEMBER 2014**

**TIME**

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**INSTRUCTIONS TO CANDIDATES**

- Answer question **ONE** and any other **THREE** questions

### **QUESTION ONE**

- (a) Outline FIVE principles of counseling (5 marks)
- (b) Explain FIVE reasons why it is necessary to have ethical codes in counseling (5 marks)
- (c) Explain how counseling services were offered in traditional African society? (10 marks)

### **QUESTION TWO**

- (a) What do we mean by Bibliotherapy? (3 marks)
- (b) Explain the role of peer counseling in schools (12 marks)

### **QUESTION THREE**

- (a) Discuss what we mean by referrals in counseling. (5 marks)
- (b) Why is confidentiality important in counseling? (10 marks)

### **QUESTION FOUR**

Discuss the importance of skills and techniques in counseling. (15 marks)

### **QUESTION FIVE**

- (a) Explain the role of needs assessment necessary in the development of guidance and counseling?
- (b) Identify three referral Agencies in counseling. (3 marks)