



**KIBABII UNIVERSITY COLLEGE**

*(A Constituent College of Masinde Muliro University of Science Technology)*

P.O. Box 1699-50200 Bungoma, Kenya

Tel. 020-2028660/0708-085934/0734-831729

E-mail: [enquiries@kibabiiuniversity.ac.ke](mailto:enquiries@kibabiiuniversity.ac.ke)

**UNIVERSITY MAIN EXAMINATIONS**

**2013/2014 ACADEMIC YEAR**

**1<sup>ST</sup> YEAR 1<sup>ST</sup> SEMESTER EXAMINATION**

**(SCHOOL BASED)**

**COURSE CODE: GAC 101**

**COURSE TITLE: INTRODUCTION TO GUIDANCE AND COUNSELING**

**DATE: 22<sup>ND</sup> AUGUST, 2014**

**TIME: 9:00A.M.-12NOON**

---

**INSTRUCTIONS:**

Answer question **ONE** and any other **TWO** questions

1. a) Distinguish between counseling and guidance (10 marks)  
b) What is psychotherapy (4 marks)  
c) Identify and explain six counseling techniques of psychoanalytic therapy (12 marks)  
d) Explain at least two ethical issues in counseling (4 marks)
2. Identify and discuss five important stages in a counseling process (20 marks)
3. a) Discuss the goals of rational emotive therapists (10 marks)  
b) Explain five importance of needs assessment before setting up a counseling program in a learning institution (10 marks)
4. a) Discuss five goals of guidance and counseling in learning institutions (10 marks)  
b) Distinguish between individual and group counseling and explain the advantages of each (10 marks)