



**KIBABII UNIVERSITY COLLEGE**

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**FACULTY OF EDUCATION AND SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY, CRIMINOLOGY AND SOCIAL WORK**

**2013/2014 ACADEMIC YEAR**

**SEMESTER MAIN EXAMINATION**

**DIPLOMA IN SOCIAL WORK & COMMUNITY DEVELOPMENT**

**COURSE CODE: DSC 065**

**COURSE TITLE: COMMUNITY HEALTH & NUTRITION**

**DATE: 21<sup>ST</sup> AUGUST, 2014**

**TIME: 9:00A.M.-11:00A.M.**

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**INSTRUCTIONS TO THE CANDIDATES**

- ANSWER ALL QUESTIONS IN SECTION A AND ANY 3 IN SECTION B

## **SECTION A**

### **QUESTION**

a) Define the following terms:-

- i) Health (1mrk)
- ii) Prevalence (1mrk)
- iii) Community (1mrk)
- iv) Partnership (1mrk)
- v) Nutrition (1mrk)

- b) Explain any five (5) elements of a dignified livelihood (5 mrks)
- c) Briefly explain the organization of health services in Kenya (5 mrks)
- d) Explain what we mean by lifestyle related diseases and list appropriate examples and their causes (5 mrks)
- e) Define over and under Nutrition and provide appropriate examples (5 mrks)

## **SECTION B**

**Answer any 3 Questions (Each Question earns 15 Marks)**

### **QUESTION TWO**

Discuss community nutritional interventions

### **QUESTION THREE**

Describe the community Health Strategy and highlight the key personnel involved.

### **QUESTION FOUR**

Define the term environment and discuss its role in disease causation

### **QUESTION FIVE**

Discuss the social determinants of health in the community where you come from

### **QUESTION SIX**

Define the term essential nutrients and discuss the nutrients that our body needs for healthy nutrition