



**KIBABII UNIVERSITY COLLEGE**

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**UNIVERSITY REGULAR EXAMINATIONS**

**2013 /2014 ACADEMIC YEAR**

**1<sup>ST</sup> YEAR 1<sup>ST</sup> SEMESTER EXAMINATION**

**BACHELOR OF EDUCATION (ARTS)**

**REGULAR GROUP**

**COURSE CODE: ECD 103**

**COURSE TITLE: HEALTH EDUCATION AND PRACTICES FOR CHILDHOOD DEVELOPMENT**

**DATE: 15<sup>TH</sup> AUGUST, 2014**

**TIME: 2:00P.M.-5:00P.M.**

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**INSTRUCTIONS TO CANDIDATES**

Answer Question **ONE** (compulsory) and any other **TWO** questions

## SECTION A (COMPULSORY)

### Question one

- a) i) State how you would ensure the well being of a child (5 marks)
- ii) Differentiate between health and well-being (2 marks)
- b) State and role of the ECDE teacher in primary health Care (5 marks)
- c) State five ways of preventing common childhood diseases (6 marks)
- d) i) Illustrate two ways hw emotional needs of a child can be met (4 marks)
- ii) Explain why diahorea is considered a killer disease in Kenya for children (4 mks)
- e) Give the first aid you would administer to a child with nose bleeding (4 marks)

### SECTION B (answer any two)

**(40 marks)**

### Question two

Discuss ten factors that lead to a healthy state of a child

### Question three

- a) Explain how you would assess growth in children through the following
  - i) Physical
  - ii) Mental
  - iii) Social and emotional (10 marks)
- b) What intervention measures can be out in place for children with special needs( 10mks)

### Question four

- a) Explain five reasons why first aid is important (5 marks)
- b) State and explain causes of five accidents and first aid skills to give to a child. (15 mks)

### Question five

- a) State five course objective of Health Education (5 marks)
- b) Explain how this course will help an ECD teacher (10 marks)
- c) Explain why health is holistic (5 marks)